

SCHEME OF EXAMINATION FOR M.A. (PSYCHOLOGY) SEMESTER III & IV 2013-14.

There would be four theory papers, each carrying 100 marks and a practical of 100 marks in each semester. Each student would be required to opt four theory papers.

M.A. (SEMESTER-III) PSYCHOLOGY 2013-14

Paper No.	Nomenclature of the paper	M.Marks		Time
		Internal Assessment	Exam.	
XI	Psychological Testing	20	80	3 hrs.
XII	Foundations of Clinical Psychology	20	80	3 hrs.
XIII	Guidance and Counseling – Basic Processes	20	80	3 hrs.
XIV	Social Psychology	20	80	3 hrs.
XV	Neuro Psychology	20	80	3 hrs.
XVI	Foundations of Health Psychology	20	80	3 hrs.
XVII	Child Psychology	20	80	3 hrs.
XVIII	Industrial and Organizational Psychology	20	80	3 hrs.
XIX	Positive Psychology	20	80	3 hrs.
XX	Personality	20	80	3 hrs.
XXI	Practicum		100	4 hrs.

M.A. (SEMESTER-IV) PSYCHOLOGY 2013-14

Paper No.	Nomenclature of the paper	M.Marks		Time
		Internal Assessment	Exam.	
XXII	Psychometrics	20	80	3 hrs.
XXIII	Clinical Intervention	20	80	3 hrs.
XXIV	Guid. and Counseling- Skills and Strategies	20	80	3 hrs.
XXV	Applied Social Psychology	20	80	3 hrs.
XXVI	Management of Health and Illness	20	80	3 hrs.
XXVII	Developmental Psychopathology	20	80	3 hrs.
XXVIII	Human Resource Development	20	80	3 hrs.
XXIX	Consumer Psychology	20	80	3 hrs.
XXX	Practicum		100	4 hrs.

**PSYCHOLOGY M.A (SEMESTER III)
PSYCHOLOGICAL TESTING**

Paper XI

**Max. Marks :100
Internal Assessment. : 20
Examination: 80
Time: 3 hrs**

- Note:-** A) Nine questions would be set in all.
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

UNIT –I

Psychological Testing

Nature, Origins, Functions of Psychological Tests.

Test Administration

Effects of Examiner and Situational Variables; Examinee's perspective; Effects of training on test performance.

UNIT –II

Test construction

Steps of test construction; Ethical issues in psychological testing.

Norms

Meaning, Types: Age, Grade, Percentile, Standard Scores, Normalized standard score.

UNIT –III

Intelligence and Aptitude testing

Stanford- Binet, Wechsler Scales; Differential Aptitude Test.

Personality Testing

Self- reporting inventories: MMPI, Neo Personality Inventory; Projective techniques: Inkblot & Pictorial

UNIT –IV

Applications of Testing

Achievement tests; Career and Work Values Assessment; Infant and Pre school testing; Assessment of mentally retarded

Special Topics and Issues in Testing

Computer – aided psychological testing and its evaluation; Future of testing.

References:

- Aiken, L.R., & Groth- Marnat, G. (2009). **Psychological Testing and Assessment**. New Delhi: Pearson Education.
- Anastasi, A., & Urbina, S. (1997). **Psychological Testing** (7th Ed.). New Delhi: Pearson Education.
- Gregory, R.J., (2004). **Psychological Testing: History, Principles and Applications** (4th Ed.). New Delhi: Pearson Education.
- Kline, P. (1993). **The Handbook of Psychological Testing**. London: Routledge.
- Murphy, K.R., & Davidshofer, C.O. (1988). **Psychological Testing: Principles and Application**. New Jersey: Prentice Hall.
- Singh, A.K. (2006). **Tests Measurements and Research Methods in Behavioural Sciences**. New Delhi: Bharati Bhawan.

**PSYCHOLOGY M.A (SEMESTER III)
FOUNDATIONS OF CLINICAL PSYCHOLOGY**

Paper XII

**Max Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs**

- Note:-** A) Nine questions would be set in all.
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

UNIT –I

Clinical Psychology, Nature and development

Activities of Clinical Psychologists , Development of Clinical Psychology as a Profession, Clinical psychology and other related fields.

Professional Issues

Professional training, Professional regulation and Professional ethics.

UNIT-II

Methods and Clinical Assessment

Methods of study in Clinical Psychology

Clinical Assessment

Clinical interview, Case history, Mental State examination.

UNIT-III

Diagnosis and Classification

Diagnosis and classification: Meaning, Purpose of classification, Multiaxial system- DSM IV

Treatment

Psychotherapy : Meaning and nature; Models of intervention.

UNIT-IV

Treatment

Psychoanalytic therapy,

Behaviour therapy : Systematic desensitization

Cognitive Behaviour therapies- REBT & CBT

Client centered & Gestalt, existential.

References:

- Bellack, A.S., & Hersen, M. (1980). **Introduction to Clinical Psychology**. New York: Oxford University Press.
- Carson, R.C., Butcher, J.N., & Mineka, S. (2000). **Abnormal Psychology and Modern Life** (11th Ed.). New Delhi: Pearson.
- Carson, R.C., Butcher, J.N., Mineka, S., & Hooley, J.M. (2007). **Abnormal Psychology** (13th Ed.). New Delhi: Pearson.
- Hecker, J.E., & Thorpe, G.L. (2005). **Introduction to Clinical Psychology: Science, Practice and Ethics**. New Delhi: Pearson.
- Hersen, M., Kazdin, A.E., & Bellack, A.S. (1983). **The Clinical Psychology Handbook**. New York: Pergmon Press.
- Kellerman, H., & Burry, A. (1997). **Handbook of Psychodiagnostic Testing: Analysis of Personality in the Psychological Report**. Boston: Allyn & Bacon.
- Korchin, S.J. (1976). **Modern Clinical Psychology: Principles of Intervention in the Clinic and Community**. New York: Harper.
- Nietzel, M.T., Bernstein, D.A. & Milich, R. (1994). **Introduction to Clinical Psychology** (4th Ed.). New Jersey: Prentice Hall.
- Trull, T.J., & Phares, E.J. (2001). **Clinical Psychology: Concepts Methods and Profession** (6th Ed.). Belmont: Wadsworth.
- Verma, S.K., & Puri, A. (1996). **Law and Clinical Psychologists in India**. Indian Journal of Clinical Psychology, Vol 23 No 2, 79-86.

PSYCHOLOGY M.A (SEMESTER III)
GUIDANCE AND COUNSELLING -BASIC PROCESSES

Paper XIII

Max Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs

- Note:** - A) Nine questions would be set in all.
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

UNIT –I

Concept of Guidance and Counselling

Meaning, Nature, Goals and Principles; Need and Relevance.

Emergence and Growth of Guidance and Counselling Psychology; Guidance and counselling Movement in India

Ethical and legal considerations

UNIT –II

Organizing a Guidance Programme

Principles of organizing an effective guidance program; Guidance activities at Elementary, Secondary and Senior Secondary level.

Meaning & Importance of Counselling Skills & Strategies; Stages of Counselling

UNIT –III

Educational Guidance

Nature, Pupil Personnel work, Pupil Appraisal information, School Curriculum and Guidance.

Vocational Guidance

Nature, Study of Occupations- Collecting and Disseminating occupational information; Theories of occupation choice.

Role of counselor in education and vocational guidance.

UNIT –IV

Developing Empathy, rapport establishment, respect and genuineness.

Skills of Counselor

Selection, implementation, evaluation,

Observation, listening, silence, attending behaviour, use of questions & termination of counselling.

References :

- Arther J. J., (1971). **Principles of Guidance** Delhi : Tata Mc Graw Hill.
- Bhatnagar, A., & Gupta N. (1999). **Guidance & Counselling : Practical** (Vol I & II) New Delhi: Vikas Publishing House.
- Bernard, H., & Fullmer, D.W. (1977) . **Principles of Guidance** , New York : Harper & Row.
- Chauhan, V., & Jain., (2004). **Nireshan Evam Prammarsh.** Udaipur: Ankur Prakashan.
- Gelso, C., & Fretz, B. (2001). **Counselling Psychology.** USA: Harcourt College.
- George, R.L., & Cristiani, T.S. (1995). **Counselling Theory & Practice.** Boston: Allyn & Bacon.
- Nelson – Jones, R. (1994). **The Theory and Practice of Counselling Psychology.** London: Cassell.
- Gupta, S.K. (1985). **Guidance and Counselling.** Delhi: Mittal.
- Kochhar, S.K. (1984). **Educational and Vocational Guidance in Secondary Schools.** New Delhi: Sterling.
- Palmer, S., & Mc Mohan, G. (1997). **Handbook of Counselling Psychology.** London: British association for counselling.
- Pietrofessa, J.J., Bernstein, B., Minor, J., & Stanford, S. (1980). **Guidance: An Introduction.** Chicago: Ranel Mc Nally College.

PSYCHOLOGY, M.A (SEMESTER III)
SOCIAL PSYCHOLOGY

Paper XIV

Max Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs

- Note:** - A) Nine questions would be set in all.
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

UNIT –I

Introduction to Social Psychology

Social Psychology in the new millennium, Origins and development of social psychology. Social Psychological theories: Symbolic Interactionism, Role Theory, Social Learning theory, Exchange theory.

Socialization

Nature of socialization, Agents, Process of Socialization.

UNIT –II

Social Cognition

Non- Verbal communication, Attribution processes, Biases in attribution; Impact of Schemas, Heuristics.

Knowing the Self

Social Interaction and Self- Conception, Self- Attribution, Biases in Self- Attribution, Self- Perception and Psychological well- being.

UNIT –III

Attitude Formation and Change

Formation of Attitudes, Attitudes and Information Processing, Attitude Change: Cognitive Dissonance.

Social influence

Social Power, Conformity, Compliance and Obedience.

UNIT –IV

Helping and Hurting

Pro- Social Behaviour: Nature ; Aggression : Nature; Prevention of Aggression

Group dynamics

Nature and Function of Groups, Task Performance in Groups, Decision making.

References:

- Baron R.A., Branscombe, N.R., Byrne, D., & Bhardwaj, G., (2012). **Fundamentals of Social Psychology**. New Delhi: Pearson.
- Baron, R.A., & Byrne, D., (2005). **Social Psychology (9th Ed.)**. Hindi Translation. New Delhi : Pearson Education.
- Baron, R.A., Byrne, D., & Johnson, B.T (1998). **Exploring Social Psychology**. Boston : Allyn & Bacon.
- Baron, R.A., & Byrne, D. (2005). **Social Psychology**. New Delhi: Pearson Education.
- Crisp, R. J., & Turner, R. N. (2010). **Essential Social Psychology**. London : Sage.
- Sanderson, C.A. (2010). **Social Psychology**. USA: John Wiley and Sons.
- Singh, A.K. (2010). **An Outline of Social Psychology**. Delhi : Moti Lal Banarsidas.
- Stephan, C.W., & Stephan, W.G. (1990). **Two Social Psychologies**. California : Wadsworth.
- Worchel, S.W., Cooper, J. Goethals, G.R., & Olson, J.M. (2000). **Social Psychology**. London: Wadsworth.

**PSYCHOLOGY M.A (SEMESTER III)
NEUROPSYCHOLOGY**

Paper XV

**Max Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs**

- Note -**
- A) Nine questions would be set in all.
 - B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
 - C) There would be two questions (16 Marks each) from each of the four units.
 - D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

UNIT –I

CNS: Gross anatomy and classification, Ventricular system and meninges.

Methods of Investigations: Electrophysiological procedures – EEG and EP; Scanning and imaging of brain – CT, MRI, PET, and fMRI

UNIT –II

Intracranial tumours: Types, causes, diagnosis, symptoms and management.

Cerebrovascular disorders: Types, causes, diagnosis, symptoms and management

UNIT –III

Degenerative disorders: Alzheimer's disease, Parkinson's Disease and Huntington's disease – Causes, symptoms and management.

Cerebral trauma: closed head injuries and open head injuries – causes, symptoms & Management

UNIT –IV

Neuropsychological assessment batteries : Halstead- Reitan, Luria- Nebraska, PGI Battery of Brain Dysfunction, AIIMS Neuropsychological Battery.

References:

- Bolles, F., & Grafman, J. (1988). **Handbook of Neuropsychology**. New York: Elsevier.
- Carlson, Neil. R. (2005). **Foundations of Physiological Psychology**. (6th Ed. LPE), New Delhi: Pearsons – Education.
- Dimond, S.J. (1980). **Neuropsychology: A textbook of systems and psychological functions of the human brain**. Butter worths: London- Boston .
- Figser, S.B., & Boll, T.J. (1981). **Handbook of Clinical Neuropsychology**. New York: Wiley-Intarscience.
- Filskov, S.B., & Boll, T.J., (1981). **Handbook of Clinical Neuropsychology**. New York: John Wiley.
- Goldstein, G., & Hersen, M. (1984). **Handbook of Psychological Assessment**. New York: Pergamon.
- Grahm, R.B., (1990). **Physiological Psychology**. California: Wadsworth.
- Hersen , M., Kazdin, A.E., & Bellack A.S. (1991). **The Clinical Psychology Handbook** . New York: Pergamon.
- Jarvis, P.E., & Jeffery, T. Barth (1994). **Halstead- Reitan Neuropsychological Test Battery: A Guide to Interpretation and Clinical Application**. Aorida: Psychology Assessment Resources Inc.
- Kolb, B., & Whisaw, I.Q. (1990). **Fundamentals of Human Neuropsychology**. New York: Freeman, W.H.
- Walsh, K. (1994). **Neuropsychology: A Clinical Approach**. New Delhi: Churchill Livingstone.
- Zillmer, E.A., Spiers M. V.,& Culbertson, W.C. (2008). **Principles of Neuropsychology**. Stanford: Wadsworth Thomson.

PSYCHOLOGY M.A (SEMESTER III)

PAPER-XVI

FOUNDATIONS OF HEALTH PSYCHOLOGY

Max.Marks : 100
Internal Assessment.: 20
Examination: 80
Time : 3 hrs.

- Note:-**A) Nine questions would be set in all.
B) Question No. I based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

UNIT-I

Health Psychology

History, Emergence and Approaches to Health Psychology – Clinical, Public, Community and Critical.

Research Methods of Health Psychology

Quantitative, Qualitative and Action Research.

UNIT-II

Social Inequality and Health

Ethnicity, Social class, Socio-economic status, Gender and Social relations.

Culture and Health

Western (Biomedical and Bio psychosocial Models) and Non- Western views.

UNIT-III

Health Enhancing Behaviour: Exercise, Accident prevention, Nutrition.

Health Compromising Behaviour: Alcoholism, Smoking, Obesity

UNIT-IV

Positive Psychology and Health: Happiness, Flow, Hope and Optimism

Health Psychology today and tomorrow: Important lessons, Future Challenges.

References:

- Carr, A. (2004). **Positive Psychology: The Science of Happiness and Human Strengths.** New York: Brunner – Routledge.
- Dimatteo, M.R., & Martin, L.R. (2007). **Health Psychology.** New Delhi: Pearson Education.
- Malhotra, S.M., Batra, P., & Yadava, A. (2007). **Health Psychology: Psycho-Social Perspective.** New Delhi: Common Wealth Publishers.
- Marks, D.F., Murray, M., Evans, B. Willig, C, Woodall, C., & Sykes, C.M. (2008). **Health Psychology: Theory, Research and Practice.** New Delhi: Sage
- Roberts, R., Towell, T., & Golding, J.F. (2001). **Foundations of Health Psychology.** New York: Palgrave.
- Singh, R., Yadava, A., & Sharma, N.R. (2005). **Health Psychology.** New Delhi: Global Vision.
- Snyder, C.R., & Lopez, S.J. (2009). **Positive Psychology.** New Delhi: Sage.
- Straub, R.O. (2007). **Health Psychology: A Biopsychosocial Approach.** New York: Worth Publishers.
- Taylor, S.E. (2003). **Health Psychology.** New York: McGraw Hill.
- Yadava, A., & Sharma, N.R. (2007). **Positive Health Psychology.** New Delhi: Global Vision.
- Sanderson, C.A. (2011). **Health Psychology (2nd Ed.).** USA: John Wiley & Sons, Inc.
- Marks, D.F., Murray, M., Evans, B., & Estacio, E.M. (2011). **Health Psychology: Theory, Research and Practice.** New Delhi: Sage.
- Gurung, R.A. R. (2010). **Health Psychology: A Cultural Approach.** USA: Wadsworth.

**PSYCHOLOGY M.A (SEMESTER III)
CHILD PSYCHOLOGY**

Paper XVII

**Max. Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs**

- Note:** - A) Nine questions would be set in all.
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

UNIT –I

Child psychology: Nature of Human Development; Methods for studying Child Development : Cross sectional, Longitudinal and Sequential design method.

Pre Development and Birth : Stages from conception to Birth, Interactions immediately after Birth, Early Social Behaviour and Social Interactions; Early Bondings and Imitation.

UNIT –II

Social World of the child : Parents and families; Development of Attachment Relationship : Infant – Mother Attachment, Adult Attachment; Care outside Family: Day care, Fathering, Grand Parents and Step Parenting.

Siblings and Peer Group: Siblings in Home Environment, Sibling Teachings and influences; Conflict and Social comparison: Twins, Only Children, Birth order, Peer relationship in Pre school and School; Measurement of Sibling and Peer group : Sociometry- Rejected, Popular, Social and Withdrawn Children.

UNIT –III

Development of Emotional Intelligence and Social Awareness: Emotional Development, Recognizing and understanding emotions in others, Emotional Intelligence; Self Concept and Self Esteem; Gender Identity and Sex Differences.

Language and Cognitive Development : Sequence of Language, Narrative skills, Pre Reading and Pre Writing Skills; Dyslexia; Language and Cognition : A Piagetian perspective of Cognitive Development; Information Processing and Problem Solving Strategies.

UNIT –IV

Assessment, Diagnosis and Treatment in Childhood Disorders: Childhood fears, Ethnic and Racial differences in fear; Child Anxiety Disorders: Cognitive and Subjective distress, Behaviour Response and Avoidance, Separation Anxiety disorder.

Health Related Disorders: Juvenile Diabetes; Social Adjustment and School Performance; Substance use and Disorders and Substance- Dependence; Role of Family and Peer group; Childhood Obesity and Eating Disorders.

References:

- Beidel, D.C., & Alfano , C.A., (2005). **Child Anxiety Disorder: A Guide to Research and Treatment** (2nd Ed.) . London: Routledge Publishers.
- Eric. J., Mask.M., David, A. Wolfe. (2010). **Abnormal Child Psychology**.(4th Ed). Canada: Wadsworth cengage learning products.
- Santrock, J.W., & Bartlett, J.C. (1986). **Developmental Psychology: A Life Cycle perspective**. USA: Brown Publishers.
- Slater, A., & Bremner, G. (2011). **An Introduction to Developmental Psychology**. (2nd Ed.) Glasgow: Bell and Bain Ltd.
- Smith, P.K., Cowie, H., & Blades M. (2011). **Understanding Children’s Development** (5th Ed.) U.K.: Wiley Publication.

Paper XVIII

**PSYCHOLOGY M.A (SEMESTER III)
INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY**

Max. Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs

- Note:** - A) Nine questions would be set in all.
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

UNIT –I

Principles, Practices and Problems of Industrial- Organizational Psychology
Major Fields, Historical Development and Challenges for I/O Psychology.
Techniques, Tools and Tactics
Methods of Psychological Research, Methods of Data Analysis; Ethics in I/O Psychology.

UNIT –II

Working Conditions
Physical Working Conditions, Psychological and Social issues, Safety, Violence and Health at the Work Place.
Organizational Communication
Functions, Components, Methods and Networks of Communication, Barriers to Communication, Improving Interpersonal Communication Skills.

UNIT –III

Leadership
Approaches, Styles, Functions and Problems of Leadership; Women and Minority Employees in Management.
Motivation, Job Satisfaction and Job Involvement
Application of Motivation, Content and Process Models; Relationship between Job Satisfaction and Job Behaviour; Job Involvement and Organizational Commitments.

UNIT –IV

Organizational Development
Characteristics of Effective Change Programme, Empowerment, Downsizing, Work Schedules; Future Issues and Challenges.
Work Stress and its Management
Nature, Sources, Effects and Causes of Stress; Managing Stress: Individual Coping and Organizational Coping Strategies.

References:

- Aamodt, M.G .(2010). **Industrial/Organizational Psychology**. (6th Ed) USA : Wadsworth cengage learning.
- Blum, M.L., & Naylor, J.C. (1984). **Industrial Psychology**. Delhi: CHS Pub.
- Nelson, D.L., & Quick, J.C. (2008). **Organizational Behaviour**. U.S : South Western Thomson learning.
- Robbins, S.P., Timothy , A.J., & Sanghi S. (2010). **Organizational Behaviour**. New Delhi: Pearson.
- Schultz, D., & Schultz, S.E. (2004). **Psychology and Work today**. New Delhi: Pearson.
- Singh, K. (2010). **Organizational Behaviour : Text and Cases**. New Delhi: Pearson.
- Spector, P.E. (1996). **Industrial and Organizational Psychology**. USA: John Wiley and Sons, Inc.

**PSYCHOLOGY M.A (SEMESTER III)
POSITIVE PSYCHOLOGY**

Paper XIX

Max. Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs

- Note:** - A) Nine questions would be set in all.
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

UNIT –I

Positive Psychology: Emergence, Subject matter and Future.

Virtue and Strengths of Character: Developing a Classification of Human Virtues and Measuring Strengths of Character.

UNIT –II

Positive Emotions and Well- Being: The Broaden and Build theory of Positive Emotions; Happiness – meaning; Theories: Need/ Goal satisfaction, Process/ Activity, Genetic/ Personality Disposition; Money, Happiness and Culture.

Flow, Savoring and Spirituality: Fostering Flow and its Benefits; Preconditions of Savoring; The True benefits of Spirituality.

UNIT –III

Positive Cognitive States and Processes: Hope and Optimism- Snyder's Theory of Hope; Learned Optimism.

Wisdom and Courage: Theories of Wisdom: Implicit and Explicit; Implicit theories of Courage.

UNIT –IV

Pro-Social Behaviour: Altruism; Gratitude and Forgiveness- Definition, cultivation and social implications.

Resilience: Developmental and Clinical perspectives, Sources; Successful Aging.

References:

- American Psychologist, Jan 2000, Vol.55 No. (1).
- Carr, A. (2004) . **Positive Psychology**. New York: Bruner- Routledge.
- Crothers, M.K.,& Baumgardner, S. R. (2009). **Positive Psychology**. New Delhi: Pearson Education.
- Kumar, S., & Yadav, S.B. (2011). **Positive Psychology**. New Delhi: Global Vision Publication House .
- Snyder, C.R.,& Lapez, S.J. (2007). **Positive Psychology**. New Delhi: Sage.
- Yadava, A., & Sharma, N.R.(2006). **Positive Health Psychology**. New Delhi : Global Vision Publication House .

**PSYCHOLOGY M.A (SEMESTER III)
PERSONALITY**

PAPER XX

**Max. Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs**

- Note:** - A) Nine questions would be set in all.
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

Unit-I

Personality

Nature, History and Assessment; Biology of Personality.

Personality Research Methods

Experimental, Correlational and Case study.

Unit-II

Theories of personality (Neo-Psychoanalytic Approach)

Horney's Neurotic Anxiety Theory.

Erikson's Psycho-social theory of Development.

Theories of Personality (Dispositional Approach)

Eysenck's Biological Trait Theory.

The Big five- Contemporary Trait Theory.

Unit-III

Theories of Personality (Humanistic Approach)

Roger's Person Centered Theory.

Theories of Personality (Existential Approach)

Rollo May

Viktor Frankl

Unit-IV

Theories of Personality (Social-Learning Approach)

Bandura's Social Learning Theory.

Rotter's Cognitive-social learning Theory.

Theories of Personality (Cognitive Approach)

Kelly's Personal Construct Theory.

Mischel's Cognitive-Affective Theory.

References :

- Burger, J. M. (2004). **Personality** (6th Ed.). USA : Thomson Wadsworth.
- Carver, C. S., & Scheier M.F. (1996). **Perspectives on Personality**. Boston : Allyn and Bacon.
- Ellis, A., Abrams, M., & Abrams, L.D. (2009). **Personality Theories Critical Perspective**. New Delhi: Sage Pub. Co.
- Engler, B. (2003). **Personality Theories** (6th Ed.). New York : Houghton Mifflin Company.
- Frager, R., & Fadiman, J. (1998). **Personality and Personal Growth** (4th Ed.). New York : Longman (Chapters -15, 16 & 17 only).
- Friedman, H.S., & Schustack, W. (2003). **Personality : Clasical Theories and Modern Research** (2nd Ed.). New Delhi : Pearson Education.
- Hall, C. S., Lindzey, G., & Campbell. (1998). **Theories of Personality**. New York : John Wiley and Sons.
- Misra, G., & Mohanty, A.K. (2002). **Personality on Indigenous Psychology**. New Delhi: Concept Publishing Company.
- Rckman, R.M. (2000). **Theories of Personality**. (7th Ed.). USA : Thomson Wadsworth.

PSYCHOLOGY MA (SEMESTER III)

PAPER XXI

PRACTICUM

Max Marks: 100

Time : 4Hrs

Note:-

The candidates have to conduct and report atleast four practicals from each of the chosen options opted by the candidate. The students will conduct two practicals during the examination.

Psychological Testing

1. WAIS-R
2. DAT
3. Rorschach Inkblot / Holzman/ TAT
4. Job satisfaction/ Occupational Stress/ Job Involvement Scale
5. Achievement Motivation Scale
6. Test for Special Population
7. Neo FFI Scale
8. Wisconsin Card Sorting Test (WCST) / CNS Vital Signs

Foundation of Clinical Psychology

1. WAIS/ WISC
2. WMS/ PGI Memory Scale
3. MMPI/ JMPI
4. Rorschach/ SIS
5. Indian Adaptation of Vineland Social Maturity Scale
6. Case Study

Guidance and Counselling- Basic Processes

1. Guidance Need Inventory
2. DAT
3. Vocational Interest Inventory
4. Achievement Motivation Scale
5. Healthy Life Style
6. Life Stressors & Social Resource Inventory
7. School Environment Scale

Social Psychology

1. Social Facilitation
2. Self Perception
3. Psychological Well- being
4. Measurement of Attitudes
5. Aggression Scale
6. Social Conformity

Neuropsychology

1. Colour Stroop
2. PGI Battery of Brain Dysfunction
3. AIIMS Neuropsychological Test Battery
4. Bender Visual Motor Gestalt Test
5. Decision and Motor Time- Jensen's apparatus
6. Wisconsin Card Sorting Test

Foundations of Health Psychology

1. BMI
2. SES and Health.
3. Study of Happiness.
4. Study of Flow.
5. Study of Hope.
6. Study of Optimism.
7. Case History of Patient (Chronic Disease)
8. Life Styles and Health.
9. Health Examination (GHQ -60/ GHQ-12)

Child Psychology

1. Children Personality Questionnaire
2. Self Concept
3. Coloured Progressive Matrices
4. General Anxiety Scale for Children
5. Sociometry in School
6. Emotional Intelligence

Industrial and Organizational Psychology

1. Job Satisfaction Scale
2. Job Involvement Scale
3. Motivation Scale
4. Coping with Stress
5. Leadership Style Scale
6. Sociometry
7. Effect of noise/ illumination

Positive Psychology

1. Assessment of Hope/ Optimism
2. Assessment of Gratitude
3. Assessment of Happiness
4. Assessment of Resilience
5. Measurement of Human Strengths
6. Assessment of Spirituality

Personality

1. 16 PF
2. EPQ-R/EPI
3. NEO PI-R
4. Type A/B Behaviour Pattern
5. TAT
6. State Trait Anxiety
7. Values in Action

**PSYCHOLOGY M.A (SEMESTER IV)
PSYCHOMETRICS**

Paper XXII

Max. Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs

- Note:** - A) Nine questions would be set in all.
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

UNIT –I

Psychological measurement: Meaning; Theories; Levels and problems in measurement.
Psychological scaling: Methods and applications; Paired comparison; Rank order; Equal appearing intervals.

UNIT –II

Test Construction and Standardization: Planning; Item composition; Quantitative and qualitative item analysis; Developing norms and cut scores.

UNIT –III

Reliability: Meaning; Types; Methods of estimate and factors affecting .
Validity: Meaning; Types; Procedures and factors affecting.

UNIT –IV

Factor Analysis: Assumptions; Methods; Rotation of factors; Interpretation and major pitfalls.
Discriminant Analysis: Purpose; Concept; Simple and Multiple Linear Discriminant Functions; Evaluation of Discriminant Analysis.

References:

- Chadha, N.K. (2009). **Applied Psychometry**. New Delhi: Sage publication.
- Guilford, J.P. (1984). **Psychometric Methods**. (2nd Ed.), New York: Mc Graw Hill .
- Heloday, R.D. (2012). **Basics of Research in Behavioural Sciences**. Wardha: Psycho scan.
- Husain, A. (2012). **Psychological Testing**. Delhi: Pearsons.
- Miller, L.A., McIntire, S.A., & Lovler, R.L. (2011). **Foundations of Psychological testing**. London: Sage Publications, Inc.
- Nunnally, J.C.,& Bernstein, I.H.. (2010). **Psychometric Theory**. New Delhi: Tata Mc Graw Hill.
- Raykov, T., & Marcoulides, G.A. (2011). **Introduction to Psychometric Theory**. New York: Taylor & Trancies Group.
- Singh, A.K. (2006). **Tests, Measurements and Research Methods in Behavioural Sciences** (5th Ed.) Patna: Bharti Bhawan.

**PSYCHOLOGY M.A (SEMESTER IV)
CLINICAL INTERVENTION**

PAPER-XXIII

**Max.Marks : 100
Internal Assessment.: 20
Examination: 80
Time : 3 hrs.**

- Note:-**A) Nine questions would be set in all.
B) Question No. I based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 marks each) from each of the four units.
D) Candidate would be required to attempt five questions (one compulsory and selecting one from each unit.)

UNIT-I

Intervention Goals and Process

Intervention – Nature and Goals, Approaches.

The Helping Process – Clinical Psychologist Counsellor as a person and professional; Skills of a therapist – Listening, Leading, Confronting.

UNIT-II

Issues faced by Therapists and Clinical Intervention

Issues faced by therapists, Learning our limits; Transference and Counter transference; Establishing realistic goals.

Intervention – Group therapy, Family therapy, Creative art therapies.

UNIT-III

Intervention - Psychodrama, Yoga and Meditation, Placebo effect.

Biofeed back, Assertion training, Self Instructional training.

UNIT-IV

Skill Training programmes

For anger control; Persons suffering from psychological problems; Mentally retarded.

Life skill training programs

Designing and Evaluation.

References:

Baruth, L.G., & Huber, C.H. (1985). **Counseling and Psychotherapy: Theoretical Analysis and Skill Applications.** London: Merrill, A Bell and Howell.

Hecker, J.E., & Thorpe, G.L. (2005). **Introduction to Clinical Psychology: Science, Practice and Ethics.** New Delhi: Pearson.

Korchin, S.J. (1976). **Modern Clinical Psychology: Principles of Intervention in the Clinic and Community,** New York: Harper.

L' Abate, L., & Milan, M.A. (1985). **Handbook of Social Skills Training and Research.** New York: John Wiley & Sons.

Nietzel, M.T., Bernstein, D.A., & Milich, R. (1994). **Introduction to clinical psychology** (4th Ed.). New Jersey: Prentice Hall.

Spiegler, M.D., & Guevermont, D.C. (1998). **Contemporary behaviour therapy** (3rd Ed.). New York: Brooks/Cole.

Trull, T.J., & Phares, E.J. (2001). **Clinical Psychology: Concepts Methods and Profession** (6th Ed.). Belmont: Wadsworth.

PSYCHOLOGY M.A (SEMESTER IV)

Paper XXIV

GUIDANCE AND COUNSELLING- SKILLS AND STRATEGIES.

Max. Marks: 100

Internal Assessment: 20

Examination: 80

Time: 3 hrs

- Note:** - A) Nine questions would be set in all.
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

Unit I

Introduction

Meaning and Importance of Skills and Strategies; Guidance Resources and Methods: Organising Guidance programme; Individual and Group Guidance.

Guidance and Counselling process

Initiation and rapport establishment, establishing structure and creating a therapeutic environment, empathy, respect and genuineness.

Unit II

Appraisal Procedures

Psychological Tests: Intelligence, Personality, Aptitude and Interest .

Non- test Appraisal procedures: Rating scales, Interviews, Self report inventories.

Unit III

Attending behaviour

Micro and Macro Skills of Counsellor: Observation, Non Verbal behaviours, Listening, Silence.

Strategies of counselling: Developing a pragmatic position.

Affectively oriented strategies

Existential approach, Client Centered approach, Gestalt approach.

Unit IV

Behaviour oriented strategies

Behaviour modification: Assumptions, Methods: Increasing / Decreasing behaviour through reinforcement, Extinction, Shaping and Systematic desensitisation

Cognitively oriented strategies

Rational Emotive therapy by Ellis, Beck's Models, Meichenbaum's Self-instructional training.

References:

- Allen, E., Ivey, M.B., & Ivey, L.D. (1998). **Counselling and Psychotherapy**. N.J.: Prentice Hall.
- Baruth L.G., & Hubar C.H. (1998). **Counselling and Psychotherapy : Theoretical Analysis and Skills Applications**. Toronto: Merrill.
- Bernand, H., & Fullmer, D.W., (1977). **Principles of Guidance**. New York: Harper & Row.
- Bhatnagar, A., & Gupta, N. (1999). **Guidance & Counselling: A Practical Approach**. (Vol.I & II). New Delhi : Vikas Publishing House.
- Gibson, R.L., & Mitchell, M.H. (2006). **Introduction to Guidance**. New York : Macmillan.
- Gupta, S.K. (1985). **Guidance and Counselling**. Delhi : Mittal.
- Kochhar, S.K. (1984). **Educational and Vocational guidance in secondary schools**. New Delhi : Sterling.
- Nelson – Jones, R. (2003). **Practical Counselling & Helping Skills**. London: Sage.
- Pietrofesa, J., Hoffman, A., Splet, H.H., & Pinto, D.V. (1978). **Counselling: Theory, Research & Practice**. Chicago: Rand Mc Nally.
- Pietrofesa, J., Bernstein, B., Minor, J. A., & Stanford, S. (1980). **Guidance: An Introduction**. Chicago : Rand Mc Nally.
- Rao, S.N.(1997). **Counselling and Guidance**. New Delhi : Tata McGraw Hill.

PSYCHOLOGY M.A (SEMESTER IV)
APPLIED SOCIAL PSYCHOLOGY

Paper XXV

Max. Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs

- Note:** - A) Nine questions would be set in all
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit I

Introduction to Applied Social Psychology

Definition, Relationship with basic social psychology; Features of applied social psychology.

Research Methods in Applied Social Psychology

Methods of data collection: Self- Report methods, Observation, Experimental Method, Correlational Studies, Qualitative Research.

Unit II

Applying Social Psychology to Health

Dealing with Health- Related Information, Increasing Healthy Behaviours; Social Psychological Factors surrounding illness, Stress and Illness.

Applying Social Psychology to the Environment

Environmental Influences on Well –being and Behaviour; Barriers to solving environmental problems; Using social Psychology to save the environment.

Unit III

Applying Social Psychology to Work

Work- related attitudes; Job interviews: Impression Management revisited; Conflict in work settings.

Applying Social Psychology to the Legal System

Media and Perceptions about crime, Accuracy of eyewitness testimony; Affect on verdicts of : Attorneys, Judges, Defendants Characteristics.

Unit IV

Applying Social Psychology to the Classroom

Cognitive Errors and Students- Teacher Relations; Self- Perceptions and their academic consequences.

Applying Social Psychology to Positive Well- Being

Introduction to Positive Social Psychology; Optimism : Psychology of Optimism, Benefits, Positive Coaching exercises.

References:

- Baron, R.A., Byrne, D., & Johnson, B.T. (1998). **Exploring Social Psychology**. Boston: Allyn & Bacon.
- Baumeister, R.F., & Bushman, B.J. (2011). **Social Psychology and Human Nature**. US: Wadsworth.
- Schneider, F.W., Gruman, J.A., & Coutts, L.M. (2012). **Applied Social Psychology: Understanding and Addressing Social and Practical Problems**. Los Angeles: Sage.
- Soroka, M.P., & Bryjak, G.J. (1995). **Social Problems: a World at Risk** . Boston : Allyn & Bacon.
- Steg, L., Buunk, A.P., & Rothengatter, T. (2008). **Applied Social Psychology: Understanding and Managing Social Problems**. Cambridge: University Press.

**PSYCHOLOGY M.A (SEMSTER IV)
MANAGEMENT OF HEALTH AND ILLNESS**

PAPER XXVI

**Max. Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs**

- Note:** - A) Nine questions would be set in all.
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

Unit-I

Health Promotion

Health Behaviours, Barriers to Effective Health promotion; Factors influencing the Promotion of Health Behaviours.

Changing Health Behaviours

Role of Behavioral Factors in Disease and Disorder; Cognitive behavioural Approaches to Health Behaviour Change; Stages of Health Behaviour Change.

Unit-II

Pain and its management

Nature and Significance of Pain: Biological and Psycho social aspects of Pain; Theories of Pain; Assessment of Pain; Managing and controlling pain.

Biofeedback and Relaxation Training

Biofeedback: Clinical Applications, Procedures, Treatment and Effectiveness; Relaxation training: Progressive muscle relaxation, Meditation and Yoga.

Unit-III

Management of Chronic and Terminal Illness

Coping with Chronic Illness, Co-Management of Chronic Illness, Psychological Interventions and Chronic Illness.

CHD: Modification of CHD Risk-Related Behavior, Management of Heart Disease; pBehavioural interventions in Diabetes; Cancer : Psychological treatment and coping with cancer.

Unit-IV

Psychological Issues in Advancing and Terminal Illness

Psychological Issues in Advancing Illness, Psychological and Social Issues Related to Dying, Stages in Adjustment to Dying (Kübler-Ross's Five-Stage Theory)

Psychological Management of the Terminally Ill

Medical Staff and the Terminally Ill Patient, Alternatives to Hospital Care for the Terminally Ill (Hospice Care and Home Care), Problems of Survivors

References :

- Feist, J., & Brannon, L. (2000). **Health Psychology : Introduction to Behaviour and Health**. USA Wadsworth.
- Kaplan, R.M., Sallis, Jr. J.F., and Patterson , T.L. (1993). **Health and Human Behaviour**. New York : Mc Graw Hill.
- Sarafino, E.P. (2002). **Health Psychology : Biopsychosocial Interactions**. USA : John Wiley.
- Snyder J.J. (1989). **Health Psychology and Behavioural Medicine**. New Jersey: Prentice Hall.
- Taylor, S.E. (1995). **Health Psychology**. New Delhi : Mc Graw Hill.

**PSYCHOLOGY M.A (SEMESTER IV)
DEVELOPMENTAL PSYCHOPATHOLOGY**

Paper XXVII

**Max. Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs**

- Note:** - A) Nine questions would be set in all
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit I

Introduction

Definition of Impairment, Disability, Handicap & Developmental Psychopathology; Specific models of developmental psychopathology- The Medical, Behavioural, Psychodynamic and Cognitive.

Components of Assessment of Psychopathology

Clinical Methods and Behavioural Assessment.

Unit II

Sensory disabilities

Hearing Loss- Nature, Causes, Effects and Intervention.

Visual Impairment- Meaning, Causes, Effects and intervention.

Physical disabilities

Types, Effects and Intervention.

Unit III

Mental Retardation

Nature, Causes, Developmental course and outcome, Prevention and Management.

Learning disabilities

Reading, Writing and Arithmetic disorders.

Unit IV

Internalizing Developmental Disorders

Anxiety disorders- Separation Anxiety Disorder, GAD, Phobia- Specific & Social, OCD (Obsessive Compulsive disorder)

Externalizing Developmental Disorders

Attention deficit- Hyperactivity disorder, Conduct disorders.

References:

- Hunt, N., & Marshall, K. (2002). **Exceptional children and youth: An Introduction to Special Education.** New York: Houghton Mifflin Co.
- Kirk, S.A., Gallagher, J.J., & Anastasiow, N.J. (2004). **Educating Exceptional children.** New York: Houghton Mifflin Co.
- Knopf, I.J. (1984). **Childhood Psychopathology: A Developmental Approach.** New Jersey: Prentice Hill.
- Mash, E.J., & Wolfe, D.A. (1999). **Abnormal Child Psychology.** New York : Brooks/ Cole.
- Mash, E.J., & Wolfe, D.A. (2002). **Abnormal Child Psychology.** UK: Wadsworth.
- Wenar, C. (1994). **Developmental Psychopathology: From infancy through adolescence.** New York : Mc Graw- Hill.

Max. Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs

- Note:** - A) Nine questions would be set in all
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit I

Introduction

Human Resource Development (HRD), Difference between HRD and HRM; HRD: A conceptual analysis: HRD Structure, HRD culture and climate.

Development of HRD System

Process, system, HRD Planning; Role of a HRD Professional: Role and role analysis.

Unit II

Understanding of Employee Behaviour

Employee behaviour at work place; Internal & External determinants

Learning & HRD

Difference between Education, Training & Learning; Basic Adult Learning Principles, Design Consideration.

Unit III

Performance management system

Nature, Performance Appraisal: methods; MBO, Rating, 360⁰, Feedback, Narrative; Effective Performance Evaluation: Performance Review, Feedback and Counselling.

Training & Development

Role of Training, Methods & Importance of Succession Planning; Innovations in Training; GRID, SSL Technology, Modular Programming, Action Learning.

Unit IV

Organizational Development

Process & Quality of Work life; Organizational Effectiveness: Integrated approach; Organizational Culture: Nature, Functions.

HR and its Recent Trends

Emerging Challenges, Myths & Realities; HRM in India, MR audit.

References:

- Balakrishnan, L., & Srividhya, S. (2011). **Human Resource Development**. Mumbai: Himalaya Publishing House.
- Deb, T. (2011). **Human Resource Development: Theory and Practice**. New Delhi: Anne Books.
- Famulso, J. J. (1987). **Handbook of Human Resource Management**. Singapore: Oxford and IBM.
- Krishna Devi, R. (2008). **Human Resource Development : a Researcher's Perspective**. New Delhi: Excel Books.
- Mohanty K., & Routray, P. (2009). **Human Resource Development: Organizational Effectiveness**. New Delhi: Excel Books.
- Pareek, U., & Sisodia, V. (1999). **HRD in the New Millennium**. New Delhi: Tata Mc Graw Hill.

**PSYCHOLOGY M.A (SEMESTER IV)
CONSUMER PSYCHOLOGY**

Paper XXIX

Max. Marks: 100
Internal Assessment: 20
Examination: 80
Time: 3 hrs

- Note:** - A) Nine questions would be set in all.
B) Question No 1 based on the entire syllabus, would be compulsory. It would contain eight short answer questions of two marks each.
C) There would be two questions (16 Marks each) from each of the four units.
D) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit).

Unit I

Introduction

Consumer Behaviour: Nature, Scope, Consumers & Customers, Application of Consumer Behaviour.

Consumer Research Process

Objectives; Design: Qualitative (Focus group, Depth Interview and Projective Techniques) and Quantitative Approach.

Unit II.

Factors Influencing Consumer's Approach

Consumer Motivation; Motives and their types; Motive Arousal, Motive Structuring.

Consumer personality

Personality theories: Psychoanalytic, Social and factor; Psychographics and Self Concept and Consumer Behaviour.

Unit III.

Consumer Learning

Nature and Types of Learned Behaviour; Cognitive Interpretations, Behaviour Modification, Stimulus Generalization.

Consumer Attitudes

Characteristics, Sources of Attitude Development, Theories and Models: Congruity, Balance, Cognitive Dissonance Theories and Multiattribute models; Changing attitudes: Strategies.

Unit IV

Consumer decision process

Models, Factors and Organizational Buying Decisions, Marketing Communication: Process, Barriers, Types, Source and Strategies.

Consumerism

Roots of Consumerism, Consumer Choice, Consumer Privacy; Social and Ethical Issues.

References:

- Batra, S., & Kazmi, S.H. (2004). **Consumer Behaviour: Text and Cases**. New Delhi: Excel Books.
- Gordan F., & Ronald, G. (1997). **Consumer Psychology for Marketing**. London: International Thomson Business Press.
- Loudon, L.D., & Bitta A.J. (1999). **Consumer Behaviour**. New Delhi: Tata Mc Graw Hill.
- Schiffman, G., & Lazar, K.L. (2004). **Consumer Behaviour**. New Delhi: Prentice Hall of India.

PSYCHOLOGY MA (SEMESTER IV)

PAPER XXX

PRACTICUM

Max Marks: 100

Time : 4Hrs

Note:-

The Candidates have to conduct and report atleast four practicals from each of the chosen options opted by the candidate. The students will conduct two practicals during the examination.

Psychometrics

1. Test construction- Generating Items.
2. Item Analysis- Item Difficulty/ Item Discrimination
3. Reliability of a Test
4. Validity of a Test
5. Development of Norms
6. Test Translation/ Adaptation

Clinical Intervention

1. Self – disclosure
2. Relaxation/ Assertive Training
3. Biofeedback
4. Attributional Style
5. Test of placebo Effect
6. SIS/ Identification of Rational/ Irrational Beliefs

Guidance and Counselling – Skills and Strategies

1. Intelligence Test
2. Personality Test
3. Any Gestalt Technique
4. Systematic Desensitisation
5. Shaping
6. Cognitive Restructuring

Applied Social Psychology

1. Coping Styles
2. Observation (Naturalistic Vs Controlled in the form of field notes)
3. Occupational Stress
4. Burnice Life Stressors and Social Resources
5. Subjective Well- being
6. Optimism- Pessimism

Management of Health and Illness

1. Assessment of Pain
2. Case History: Assessment of Health Compromising Behaviour & it's Reduction
3. Assessment of Health Enhancing Behaviour (Exercise) & Health
4. Epidemiological Survey of Chronic Disease in a Specific Sample.
5. Biofeedback/ Relaxation Technique (Pre-Post Effect on Health Measure)
6. Life Style/ Health Habits.

Developmental Psychopathology

1. General Anxiety Scale for Children/ Academic Anxiety
2. WPPSI
3. Family Pathology Scale
4. Children Personality Questionnaire
5. Children Perception of Parenting/ Family Relationship Inventory
6. Impulsiveness/ Aggression Scale
7. Security/ Insecurity Scale

Human Resource Development

1. Performance Appraisal.
2. Attitude towards Work and Life.
3. Organizational Climate.
4. Job Involvement
5. Stress at Work
6. Psychological Climate
7. Organizational Effectiveness.

Consumer Psychology

1. Interview Schedule
2. Self Concept
3. Assessment of Personality
4. Attitude Measurement
5. Motivation Scale
6. Assessment of Needs
7. Cognitive/ Learning Styles
8. Persuasion/ Attitude Change

